



Café Shell



[Breakfast Menu](#) [Beverages](#) [Sweets](#)

About

Menus

Press

Events

Contact

Delivery

Community

Kids

Lunch

Lunch Served 11:30 am to close

Soups & Starters

Served with baguette and butter

In a hurry? Want to dine, but on a timeline? Order our soup, chili, or mixed greens salad, let us know you're on the go, & we will work to get them delivered fast to you! *express item

*Fresh soups prepared daily cup 5 bowl 7.....With mixed green salad cup 10 bowl 12

*Chicken Chili Rich tomato-based chili with Cannellini beans, grated cheddar cheese & fresh cilantro cup 6 bowl 8With mixed green salad cup 11 bowl 15

*Mixed Greens Salad Roma tomato, hot-house cucumber, red onion and parmesan cheese 7 Caesar 8

*Albacore Tuna Salad Albacore tuna salad with finely chopped red onions atop mixed greens 12

*Chicken Salad Chicken salad with pecans, fresh dill and celery atop mixed greens 12

Entrée Salads

Served with baguette and butter

Grilled Steak and Blue Cheese Salad Tri-tip slices; garlic roasted cherry tomatoes, crispy fried Spanish onions, crumbled blue cheese, and mixed greens tossed with balsamic vinaigrette 16

La Arcada Salad Grilled chicken, soft goat cheese, dried cranberries, candied walnuts, and mixed greens tossed with balsamic vinaigrette 15

Classic Cobb Salad Diced chicken, crispy bacon, roma tomatoes, hard-boiled egg, diced scallions, blue cheese, avocado and shredded cheddar atop hearts of romaine with house-made ranch dressing. 15

House Salad Grilled chicken, fire-roasted red peppers, red onion, blue cheese, toasted pine nuts, red delicious apples and mixed greens tossed with balsamic vinaigrette 16

Chicken Caesar Salad Grilled chicken, hearts of romaine, grated parmesan and house-made foccacia croutons 15

20% gratuity for parties of six or more

Grilled Sandwiches

Sandwiches served with a cup of soup or mixed-green salad with ranch, blue cheese, balsamic vinaigrette, or Caesar dressing on your choice of breads; whole wheat, sourdough, focaccia, or baguette.

Substitute chili for soup 1 Substitute Caesar for mixed greens 2 Extra Plate or Share charge 3

Grilled Crab Melt With cheddar cheese & roma tomato on grilled sourdough half+ whole 16

Quesadillas

We have delicious quesadillas! Made with Mozzarella and Asiago cheese and fire-roasted red bell pepper.

Garnished with, avocado, pico de gallo and a side of & house-made fresh salsa.

Add fire-roasted Pasilla Chilis 2

Crab Quesadilla 16 Tri Tip

Quesadilla 15 Chicken Quesadilla 14

Pasilla Quesadilla 13 Cheddar cheese, fire-roasted Pasilla chilies, avocado & salsa

Fruit & Cheese Platter

Fruit & Cheese Platter
Beautifully arranged selection of fresh fruit with brie, cheddar, Swiss and chevre' with carmelized walnuts. Served with water crackers and baguette .
Delicious as an appetizer to share or as an entrée. 20

Grilled Chicken & Brie Roasted red bell peppers, carmelized onions on focaccia half 12 whole14
Mediterranean Chicken Goat cheese, kalamata olive tapenade, basil & tomato on focaccia half 12 whole14
Grilled Albacore Tuna Melt Cheddar cheese & roma tomato on grilled sourdough half 11 whole13
Grilled Chicken Tomato, avocado, lettuce, red onion, and jalapeño mayo on baguette half 11 whole13
French Dip Roasted tri-tip served with hot au jus on fresh baguette. Half 11 whole13 add cheese 1.50
Grilled Eggplant & Fire-Roasted Bell Pepper Mozzarella & feta cheese, fresh basil & carmelized onion on grilled sourdough half 11 whole13

Cold Sandwiches

Barcliff & Bair Club Oven-roasted turkey breast, thick-cut bacon, avocado, mozzarella cheese, mustard, mayo, roma tomato, & lettuce on sourdough half 11 whole13
Roasted Turkey Breast Mozzarella cheese, mustard, mayo, tomato, lettuce, & red onion half 11 whole13
Roast Beef Tri-Tip Cheddar cheese, mustard, mayo, roma tomato, lettuce & red onion half 11 whole13
Honey Ham & Swiss Cheese Mustard, mayo, roma tomato, lettuce & red onion half 10 whole12
BLT Thick-cut bacon, lettuce, roma tomato & mayo on sourdough toast half 10 whole12 add avocado 1.50
Vegetarian Herb cream cheese, hot-house cucumber, mozzarella cheese, shredded carrots, roma tomato, red onion, basil, sliced avocado & baby spinach half 10 whole12

Albacore Tuna Salad Albacore tuna salad with finely chopped red onion half 10 whole12

Chicken Salad Chicken salad with pecans, fresh dill & celery half 10 whole12

Mon-Thur 9a-3p Fri-Sun 9a-5p
1112 State Street 805.965.5742

WEBSITE DESIGN BY SARAH DEMARS
2007-2008 BARCLIFF & BAIR AND CAFÉ SHELL.
ALL RIGHTS RESERVED.