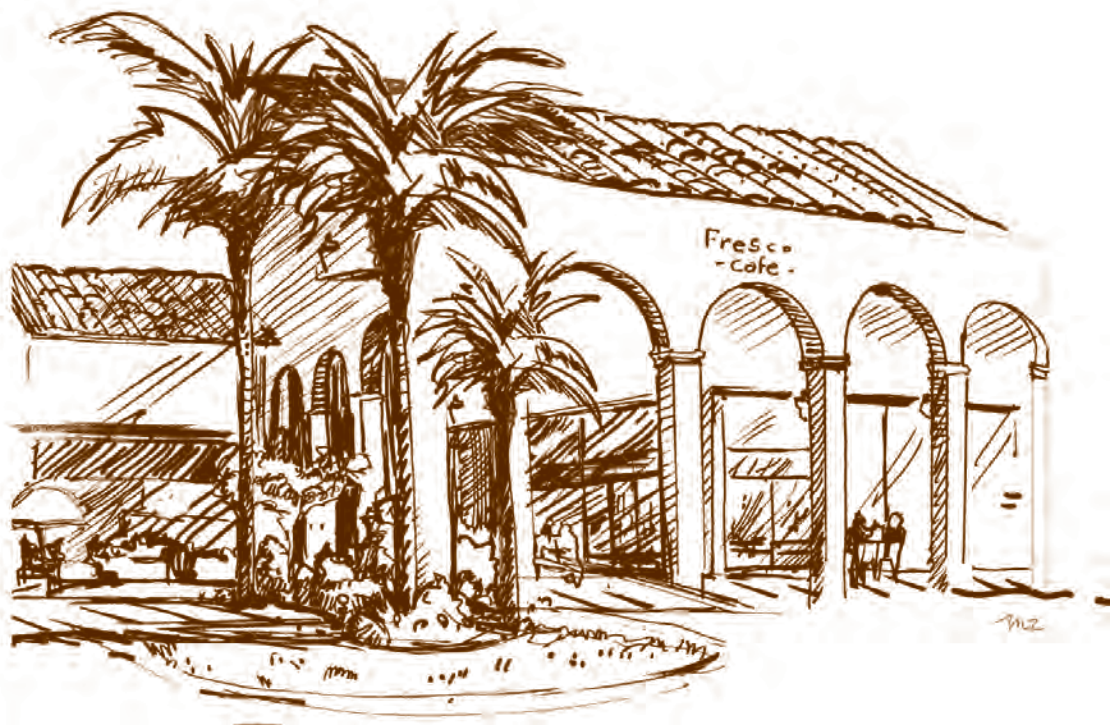


Welcome to

Fresco

Cafe

est. 1995



SALADS

Served with bread and butter

*GARDEN SALAD

Mixed greens tossed with our balsamic vinaigrette dressing with cucumber, carrots, garbonzo beans and tomatoes.....7.95

*CAESAR

Romaine lettuce tossed with our caesar dressing, parmesan cheese and homemade croutons.....7.95

CHICKEN CAESAR

Slices of marinated grilled chicken breast over romaine lettuce tossed with our caesar dressing, parmesan cheese and homemade croutons.....9.95

*GORGONZOLA WALNUT

Shaved gorgonzola cheese, candied walnuts, diced tomatoes and mixed greens tossed with our citrus balsamic vinaigrette dressing.....9.50

*CHINESE CHICKEN

Marinated grilled chicken breast, romaine lettuce, snap peas, green onion, crispy rice noodles, mandarin oranges and tomato, tossed with our sesame ginger vinaigrette.....9.95

*GREEK

Feta cheese, kalamata olives, celery, cucumber, tomatoes, red pepper, red onion, garbonzo beans, mint and basil in our red wine vinaigrette on a bed of romaine.....9.50

COBB SALAD

Chopped romaine with diced ham, turkey, chopped egg, bacon, avocado, tomato, and Vermont cheddar cheese. Creamy ranch or bleu cheese dressing on the side.....12.95

WARM SPINACH SALAD

Fresh baby spinach w/chopped egg, sliced mushrooms, red onion, tear drop tomatoes, Vermont cheddar cheese, and a warm maple bacon vinaigrette dressing.....11.95

GRILLED CHICKEN OVER MIXED GREENS

With chopped tomatoes and tossed with our balsamic vinaigrette.....9.50

CHICKEN or TUNA SALAD OVER MIXED GREENS

With red onion, chopped tomatoes and tossed with our balsamic vinaigrette....10.50

TORTILLA WRAPS

Served with soup or salad

■SEARED AHI TUNA

Seared Ahi Tuna Steak, avocado, lettuce, red onion, herbed cream cheese, tomato, pepperoncini, and our balsamic vinaigrette.....12.50

VEGGIE

Herbed cream cheese, spinach, sprouts, onion, tomato, basil, avocado, and our balsamic vinaigrette.....10.50

HOT BBQ CHICKEN WRAP

Warmed BBQ chicken, melted cheddar, avocado, Anaheim chile peppers, and shredded cabbage served w/salsa.....11.50

CHICKEN

Marinated grilled chicken with herbed cream cheese, spinach, sprouts, onion, tomato, basil, avocado and our balsamic vinaigrette.....11.50

TURKEY CLUB WRAP

Roasted turkey breast, bacon, avocado, lettuce, tomato, ranch dressing and swiss cheese in a warm tortilla.....11.50

"THE LARRY"

Mixed greens tossed with our balsamic vinaigrette topped with a scoop of tuna salad, chicken salad and egg salad.....11.50

■SEARED AHI OVER MIXED GREENS

With red onion, chopped tomatoes, and tossed with our balsamic vinaigrette.....12.95

GRILLED SHRIMP OVER MIXED GREENS

With red onion, chopped tomatoes and tossed with our balsamic vinaigrette.....12.95

WILD SALMON OVER MIXED GREENS

With red onion, chopped tomatoes and tossed with our balsamic vinaigrette.....12.95

BLACKENED HALIBUT OVER MIXED GREENS

With red onion, chopped tomatoes and tossed with our balsamic vinaigrette.....12.95

WARM GOAT CHEESE SALAD

Herb crusted warm goat cheese over mixed greens, with diced tomato and sliced onion tossed with our balsamic vinaigrette dressing.....11.50

SOUP AND HALF SALAD

A cup of soup and your choice of either red potato, pasta, mixed greens, caesar, Greek, or fruit salad.....8.50
Substitute gorgonzola or Chinese chicken.....9.50
Side salad only4.50
Side gorgonzola or Chinese chicken.....5.50
Soup only.....4.50

BURGERS

Served with soup or salad
Choice of buns...9-grain, brioche, or ciabatta

(all burgers cooked medium unless requested otherwise)

VEGGIE BURGER

Fresco's homemade veggie burger with avocado, your choice of cheese, lettuce, tomato, onion and our sauce.....10.50

TURKEY BURGER

Fresco's homemade turkey burger with avocado, your choice of cheese, lettuce, tomato, onion and our sauce.....11.50

■ALL NATURAL ANGUS BURGER

1/3 Lb. burger with caramelized onions, your choice of cheese, lettuce, tomato and our sauce.....11.50

■These items may contain food that is not fully cooked

SANDWICHES

Served with pickles and soup of the day or salad

CHOICE OF BREAD...

ciabatta ▪ nine grain ▪ sundried tomato ▪ sourdough ▪ baguette ▪ focaccia ▪ soft roll ▪ rye

CHOICE OF CHEESE...

swiss ▪ Vermont cheddar ▪ provolone ▪ gorgonzola ▪ fresh mozzarella ▪ smoked mozzarella ▪ brie ▪ goat ▪ white American

CHOICE OF SALAD...

garden salad, red potato salad, pasta, caesar, fresh fruit & greek Add \$1.00 ...chinese chicken salad, or walnut gorgonzola salad

CHOICE OF HOMEMADE DRESSING...

balsamic vinaigrette, citrus vinaigrette, caesar, ranch, bleu cheese, sesame ginger vinaigrette

*CHICKEN SALAD

Grilled chicken diced and tossed with celery, red onion and mayo. With lettuce and tomato..... 10.50

*TUNA SALAD

Tuna seasoned with mayo, celery, red onion, and a hint of sweet pickle. With lettuce and tomato..... 10.50

*EGG SALAD

Chopped cooked eggs, celery, red onion and mayo. With lettuce and tomato..... 9.50

*VERY VEGGIE

Roasted red peppers, sprouts, lettuce, avocado, cucumber, tomato, onion, your choice of cheese, and our balsamic vinaigrette..... 10.50

*BLACK FOREST HAM

Slices of lean ham, lettuce, tomato, mayo and dijon mustard your choice of cheese..... 11.50

*ROASTED TOP ROUND OF BEEF

Our house roasted top round of beef, with lettuce, tomato, onion, horseradish sauce, and your choice of cheese..... 11.50

*ROASTED TURKEY BREAST

Sliced house roasted turkey breast with lettuce, tomato, sundried tomato mayonnaise, and your choice of cheese..... 11.50

*CAPRESE

Fresh mozzarella cheese, sliced tomato and fresh basil, with roasted garlic and olive oil on toasted ciabatta bread..... 10.50

*REUBEN

Thinly sliced corned beef served hot on a grilled rye toast with sauerkraut, melted swiss, and Russian dressing..... 10.95

TURKEY CLUB TRIPLE DECKER

Roasted turkey breast, bacon, avocado, lettuce, tomato, mayo, your choice of cheese and toast..... 11.95

▪AHI CLUB TRIPLE DECKER

Seared Ahi, bacon, avocado, lettuce, tomato, mayo, your choice of cheese and toast..... 12.95

▪CHEESEBURGER CLUB TRIPLE DECKER

Angus burger patty with bacon, avocado, lettuce, tomato, mayo, your choice of cheese on toast..... 12.50

CHICKEN CLUB TRIPLE DECKER

Grilled chicken breast, bacon, avocado, lettuce, tomato, mayo, and your choice of cheese on toast.... 12.50

*BLT

Bacon, lettuce, tomato and mayo on your choice of toast.... 9.50

▪NEW YORK STEAK

Grilled New York steak with lettuce, tomato, onion and our sauce on a toasted sub roll..... 12.50

HOT FRENCH DIP

Thinly sliced roast top round of beef with sauteéd onions, served on a soft French roll with your choice of cheese and our homemade beef jus..... 11.50

*HOT OVEN GRINDER

Genoa salami, ham, roasted peppers, provolone cheese, lettuce, tomato and our red wine vinaigrette on an Italian roll..... 11.50

*MEATBALL PARMESAN

Fresco's meatballs with our marinara sauce and provolone cheese on an Italian roll..... 10.50

▪SEARED AHI TUNA

Seared Ahi tuna steak with lettuce, tomato, onion, and our sauce on a sesame roll..... 12.50

BLACKENED HALIBUT

Pan sauteed halibut with blackened seasonings on a sesame roll, with lettuce, tomato, onion, and a lemon garlic aioli..... 12.50

*GRILLED CHICKEN BREAST

Grilled chicken breast with roasted red peppers, avocado and smoked mozzarella on grilled sourdough..... 11.50

*HOT MUSHROOM COMBO

Sauteed Shiitake, Portabella and button mushrooms with caramelized onion, brie cheese and dijon mustard on grilled levain bread..... 10.50

*ROASTED EGGPLANT

Roasted eggplant, red peppers, basil, goat cheese and balsamic vinaigrette on grilled sundried tomato bread..... 10.50

TWOSOME

*Half sandwich, cup of soup or half salad 8.95
with 1/2 egg salad or BLT..... 7.95

THREESOME

*Half sandwich, cup of soup and half salad 11.95

***Sandwich available in half size**

PIZZA

A la Carte Whole Pizza (12")	13.95
Today's Pizza Slice & Salad	6.95
Today's Pizza Slice	3.95

For whole pizza, allow a minimum of 15 minutes to prepare.
Choose from the following toppings.

- Fresh Tomato
- Kalamata Olives
- Pepperoni
- Meatballs
- Chicken
- Roasted Garlic
- Roasted Red Peppers
- Roasted Eggplant
- Caramelized Onions
- Three Mushroom Mix

APPETIZERS

BRUSCHETTA

Toasted ciabatta with chopped Roma tomatoes, fresh basil, garlic, olive oil and a touch of balsamic vinegar.....6.50

ANTIPASTO (serves 2)

Ham, genoa salami, provolone, smoked mozzarella, asiago, sundried tomato, kalamata olives, roasted red peppers, roasted garlic and red onion.....13.95

ADDITIONS

Potatoes.....	4.50	Scoop of tuna salad	2.00
Vegetables	4.50	Scoop of chicken salad.....	2.00
Avocado	1.50	Roasted red peppers.....	1.00
Roasted garlic50	Roasted eggplant.....	2.00
Bacon (2)	1.50	Mushrooms	1.50
Caramelized onions.....	1.00		
Marinated grilled chicken breast.....	3.00		

DRESSING

Our Homemade Salad Dressings
12 oz bottles -\$5.00

BEVERAGES

COFFEE.....	2.00 w/refills
SINGLE CAPPUCINO/LATTE/MOCHA.....	3.00
DOUBLE	4.00

SODA	1.25	HOT CHOCOLATE	2.50
SPECIALTY SODAS	2.00	HOT TEA	2.00
SNAPPLE	2.00	BOTTLED WATER	1.50
ICED TEA	2.00 w/refills	LARGE PELLIGRINO	2.50
ORANGE JUICE	2.00	FRESH LEMONADE	2.00 w/refills
MILK	1.50		

DOMESTIC & IMPORTED BEERS 4.00

Amstel Light	Samuel Adams
Corona	Newcastle
Fat Tire Amber	St. Pauli N.A.
Heineken	

**SEE OUR PASTRY CASE FOR OUR DAILY
FRESH BAKED DESSERTS!**

Fresco

Cafe

est. 1995

We are open Monday through Saturday
from 8 am to 9 pm
serving
Breakfast, Lunch & Dinner

SPECIALS INFO LINE
for daily specials....
805-964-1184

Having a party?

Fresco catering offers full service catering
Request a catering menu today or go online to
BrouillardsInc.com

3987-B State Street
Santa Barbara, California
805-967-6037 phone
805-696-9305 fax
www.frescosb.com